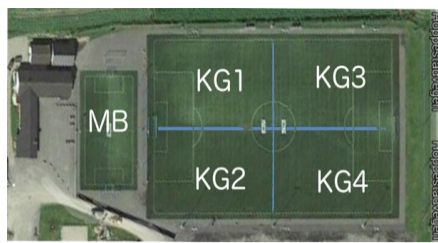


# Treningstider Fossum Vinter 2024

Lag	Trener	Tlf	Lagleder/ trener	Tlf
Jenter 7 (2017)	Carlos Rios	92 06 89 49		
Jenter 9 (2015)	Aksel Rød	99 26 96 42	Eirin Topper Forstrøm	93 64 45 36
Jenter 12 (2013/2012)	Trond Johansson	41 51 85 84	Anne- Lene Lundsett	91 71 87 95
Jenter 13 (2011)	Katrine Kringlak	99 50 54 03	Anki Johnsen	95 82 25 98
Jenter 15 (09/10)	Lene Bjørseth/ Kjetil Roland	98 68 39 71/ 98 01 34 98	Kristine Jansen Tufte	93 20 09 59
Jenter 17				
Damer A	Miquel Angel Ferrer Seva		Vetle Gulbrandsen	40 47 84 76
Gutter 6 (2018)	Ingrid Vogtland	95 09 27 33		
Gutter 7 (2017)	Torill Jämtveit	91 73 64 62	Monika Østgård	
Gutter 8 (2016)	Stig Haddal	99 55 10 54	Linn Therese Jacobsen	98 42 05 31
Gutter 9 (2015)	Linn Iren Gusfre	95 90 54 41	Lene Sønstebo	93 60 04 46
Gutter 11 (2013)	Ørjan Gullhaug	90 50 36 17	Merethe Østby	48 00 89 06
Gutter 13 (2011/2012)	Aksel Rød	99 26 96 42	Carlos Rios	92 06 89 49
Gutter 14 (2010)	Morten Espeland	91 68 34 90	Maria Walnum Taraldsen	97 54 17 40
Gutter 16 (2008/2009)	Trond Rossvang	91 88 02 08	Andreas Billington	92 01 39 08
Gutter 19	Knut Horrigmo	90 47 88 65		
Herrer A				



Mandag							
	KG 1 (NordVest)	KG 2 (SørVest)	KG 3 (NordØst)	KG 4 (SørØst)	MB	Venstøp	Stevnehallen
1530							
1600							
1630							
1700	Gutter 11 (2013)	Jenter 12 (2013/2012)	Gutter 13 (2011/2012)	Gutter 13 (2011/2012)		Gutter 9 (2015)	
1730	Gutter 11 (2013)	Jenter 12 (2013/2012)	Gutter 13 (2011/2012)	Gutter 13 (2011/2012)		Gutter 9 (2015)	
1800	Gutter 11 (2013)	Jenter 12 (2013/2012)	Gutter 13 (2011/2012)	Gutter 13 (2011/2012)			Gutter 8 (2016)
1830	Jenter 15 (09/10)	Gutter 14 (2010)	Gutter 16 (2008/2009)	Gutter 16 (2008/2009)	Jenter 15 (09/10)	Jenter 12 (2013/2012)	Gutter 8 (2016)
1900	Jenter 15 (09/10)	Gutter 14 (2010)	Gutter 16 (2008/2009)	Gutter 16 (2008/2009)	Jenter 15 (09/10)	Jenter 12 (2013/2012)	Gutter 8 (2016)
1930	Jenter 15 (09/10)	Gutter 14 (2010)	Gutter 16 (2008/2009)	Gutter 16 (2008/2009)	Jenter 15 (09/10)	Jenter 12 (2013/2012)	
2000	Herrer A	Herrer A	Damer A	Damer A			
2030	Herrer A	Herrer A	Damer A	Damer A			
2100	Herrer A	Herrer A	Damer A	Damer A			
2130							
2200							

Tirsdag							
	KG 1 (NordVest)	KG 2 (SørVest)	KG 3 (NordØst)	KG 4 (SørØst)	MB	Venstøp	Stevnehallen
1530							
1600							
1630							
1700	Jenter 13 (2011)	Jenter 13 (2011)	Gutter 13 (2011/2012)	Gutter 13 (2011/2012)	Gutter 8 (2016)		
1730	Jenter 13 (2011)	Jenter 13 (2011)	Gutter 13 (2011/2012)	Gutter 13 (2011/2012)	Gutter 8 (2016)	Jenter 9 (2015)	
1800	Jenter 13 (2011)	Jenter 13 (2011)	Gutter 13 (2011/2012)	Gutter 13 (2011/2012)	Gutter 8 (2016)	Jenter 9 (2015)	
1830	Jenter 15 (09/10)	Jenter 15 (09/10)	Jenter 15 (09/10)	Jenter 15 (09/10)	Jenter 15 (09/10)		
1900	Jenter 15 (09/10)	Jenter 15 (09/10)	Jenter 15 (09/10)	Jenter 15 (09/10)	Jenter 15 (09/10)		
1930	Jenter 15 (09/10)	Jenter 15 (09/10)	Jenter 15 (09/10)	Jenter 15 (09/10)	Jenter 15 (09/10)		
2000	Gutter 16 (2008/2009)	Gutter 16 (2008/2009)	Gutter 16 (2008/2009)	Gutter 16 (2008/2009)			
2030	Gutter 16 (2008/2009)	Gutter 16 (2008/2009)	Gutter 16 (2008/2009)	Gutter 16 (2008/2009)			
2100	Gutter 16 (2008/2009)	Gutter 16 (2008/2009)	Gutter 16 (2008/2009)	Gutter 16 (2008/2009)			
2130							

Onsdag							
	KG 1 (NordVest)	KG 2 (SørVest)	KG 3 (NordØst)	KG 4 (SørØst)	MB	Venstøp	Stevnehallen
1530							
1600							
1630							
1700	Jenter 12 (2013/2012)	Jenter 12 (2013/2012)	Gutter 16 (2008/2009)	Gutter 16 (2008/2009)		Gutter 7 (2017)	
1730	Jenter 12 (2013/2012)	Jenter 12 (2013/2012)	Gutter 16 (2008/2009)	Gutter 16 (2008/2009)		Gutter 7 (2017)	
1800	Jenter 12 (2013/2012)	Jenter 12 (2013/2012)	Gutter 16 (2008/2009)	Gutter 16 (2008/2009)		Gutter 7 (2017)	
1830	Jenter 17	Jenter 17	Jenter 17	Jenter 17		Jenter 15 (09/10)	
1900	Jenter 17	Jenter 17	Jenter 17	Jenter 17		Jenter 15 (09/10)	
1930	Jenter 17	Jenter 17	Jenter 17	Jenter 17			
2000	Herrer A	Herrer A	Damer A	Damer A			Damer A/ Herrer A
2030	Herrer A	Herrer A	Damer A	Damer A			Damer A/ Herrer A
2100	Herrer A	Herrer A	Damer A	Damer A			Damer A/ Herrer A
2130							
2200							

Torsdag							
	KG 1 (NordVest)	KG 2 (SørVest)	KG 3 (NordØst)	KG 4 (SørØst)	MB	Venstøp	Stevnehallen
1530							
1600							
1630							
1700	Gutter 14 (2010)	Gutter 14 (2010)		Gutter 9 (2015)	Jenter 9 (2015)	Jenter 7 (2017)	
1730	Gutter 14 (2010)	Gutter 14 (2010)		Gutter 9 (2015)	Jenter 9 (2015)	Jenter 7 (2017)	
1800	Gutter 14 (2010)	Gutter 14 (2010)			Gutter 6 (2018)	Gutter 6 (2018)	
1830	Jenter 13 (2011)	Jenter 13 (2011)	Gutter 13 (2011/2012)	Gutter 13 (2011/2012)	Gutter 6 (2018)	Gutter 6 (2018)	
1900	Jenter 13 (2011)	Jenter 13 (2011)	Gutter 13 (2011/2012)	Gutter 13 (2011/2012)			Gutter 11 (2013)
1930	Jenter 13 (2011)	Jenter 13 (2011)	Gutter 13 (2011/2012)	Gutter 13 (2011/2012)			Gutter 11 (2013)
2000	Damer A	Damer A	Damer A	Damer A			Gutter 11 (2013)
2030	Damer A	Damer A	Damer A	Damer A			
2100	Damer A	Damer A	Damer A	Damer A			
2130							
2200							

Fredag							
	KG 1 (NordVest)	KG 2 (SørVest)	KG 3 (NordØst)	KG 4 (SørØst)	MB	Venstøp	Stevnehallen
1530							
1600	Gutter 16 (2008/2009)	Gutter 16 (2008/2009)	Gutter 16 (2008/2009)	Gutter 16 (2008/2009)			
1630	Gutter 16 (2008/2009)	Gutter 16 (2008/2009)	Gutter 16 (2008/2009)	Gutter 16 (2008/2009)			
1700	Gutter 16 (2008/2009)	Gutter 16 (2008/2009)	Gutter 16 (2008/2009)	Gutter 16 (2008/2009)	Gutter 8 (2016)		
1730					Gutter 8 (2016)		
1800							Gutter 13 (2011/2012)
1830							Gutter 13 (2011/2012)
1900							Gutter 13 (2011/2012)
1930							
2000							
2030							
2100							
2130							
2200							

Lørdag							
	KG 1 (NordVest)	KG 2 (SørVest)	KG 3 (NordØst)	KG 4 (SørØst)	MB	Venstøp	Stevnehallen
1030							
1100	Gutter 13 (2011/2012)	Gutter 13 (2011/2012)					
1130	Gutter 13 (2011/2012)	Gutter 13 (2011/2012)					
1200	Gutter 13 (2011/2012)	Gutter 13 (2011/2012)					
1230	Gutter 13 (2011/2012)	Gutter 13 (2011/2012)					
1300							
1330							
1400							
1430							
1500							
1530							

Søndag							
	KG 1 (NordVest)	KG 2 (SørVest)	KG 3 (NordØst)	KG 4 (SørØst)	MB	Venstøp	Stevnehallen
1100							
1130							
1200							
1230							
1300							
1330							
1400							
1430							
1500							
1530							
1600							
1630							
1700							
1730							
1800							
1830							
1900	Damer A	Damer A	Damer A	Damer A			
1930	Damer A	Damer A	Damer A	Damer A			
2000	Damer A	Damer A	Damer A	Damer A			
2030							
2100							
2130							
2200							